

General information about company	
Scrip code	533200
NSE Symbol	TALWALKARS
MSEI Symbol	NOTLISTED
ISIN	INE502K01016
Name of the company	TALWALKARS BETTER VALUE FITNESS LIMITED
Whether company is SME	No
Class of Security	Equity Shares
Type of report	Quarterly
Quarter Ended / Half year ended/Date of Report (For Prelisting / Allotment)	31-03-2026
Date of allotment / extinguishment (in case Capital Restructuring selected) / Listing Date	
Shareholding pattern filed under	Regulation 31 (1) (b)
Whether the listed entity is Public Sector Undertaking (PSU)?	No

Declaration					
Sr. No.	Particular	Yes/No	Promoter and Promoter Group	Public shareholder	Non Promoter- Non Public
1	Whether the Listed Entity has issued any partly paid up shares?	No	No	No	No
2	Whether the Listed Entity has issued any Convertible Securities ?	No	No	No	No
3	Whether the Listed Entity has issued any Warrants ?	No	No	No	No
4	Whether Listed Entity has granted any ESOPs, which are outstanding?	No	No	No	No
5	Whether the Listed Entity has any shares against which depository receipts are issued?	No	No	No	No
6	Whether the Listed Entity has any shares in locked-in?	Yes	Yes	No	No
7	Whether any shares held by promoters are encumbered under "Pledged"?	Yes	Yes		
8	Whether any shares held by promoters are encumbered under "Non-Disposal Undertaking"?	No	No		
9	Whether any shares held by promoters are encumbered, other than by way of Pledge or NDU, if any?	No	No		
10	Whether company has equity shares with differential voting rights?	No	No	No	No
11	Whether the listed entity has any significant beneficial owner?	No			

Table VI - Statement showing foreign ownership limits		
Particular	Approved limits (%)	Limits utilized (%)
As on shareholding date	0	0
As on the end of previous 1st quarter	0	0
As on the end of previous 2nd quarter	0	0
As on the end of previous 3rd quarter	0	0
As on the end of previous 4th quarter	0	0

Table I - Summary Statement holding of specified securities

Category (I)	Category of shareholder (II)	Nos. Of shareholders (III)	No. of fully paid up equity shares held (IV)	No. Of Partly paid-up equity shares held (V)	No. Of shares underlying Depository Receipts (VI)	Total nos. shares held (VII) = (IV)+ (V)+ (VI)	Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	Number of Voting Rights held in each class of securities (IX)				No. Of Shares Underlying Outstanding convertible securities (XA)	No. of Shares Underlying Outstanding Warrants (XB)	No. Of Outstanding ESOP Granted (XC)	No. Of Outstanding Warrants (XD)
								No of Voting (XIV) Rights			Total as a % of (A+B+C)				
								Class eg:X	Class eg:Y	Total					
(A)	Promoter & Promoter Group	7	11933415			11933415	38.49	11933415		11933415	38.49				
(B)	Public	22302	19071441			19071441	61.51	19071441		19071441	61.51				
(C)	Non Promoter-Non Public														
(C1)	Shares underlying DRs														
(C2)	Shares held by Employee Trusts														
	Total	22309	31004856			31004856	100	31004856		31004856	100				

Table I - Summary Statement holding of specified securities

Category (I)	Category of shareholder (II)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XII)= (VII)+(X) As a % of (A+B+C2)	Number of Locked in shares (XIII)		Number of Shares pledged (XIV)		Non-Disposal Undertaking (XV)		Other encumbrances, if any (XVI)		Total Number of Shares encumbered (XVII) = (XIV+XV+XVI)		Number of equity shares held in dematerialized form (XVIII)	Sub-categorization of shares		
			No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)		Sub-category (i)	Sub-category (ii)	Sub-category (iii)
(A)	Promoter & Promoter Group	38.49	1300000	10.89	8997000	75.39					8997000	75.39	11933415			
(B)	Public	61.51											19065142	0	0	0
(C)	Non Promoter-Non Public															
(C1)	Shares underlying DRs															
(C2)	Shares held by Employee Trusts															
	Total	100	1300000	4.19	8997000	29.02					8997000	29.02	30998557	0	0	0

Table II - Statement showing shareholding pattern of the Promoter and Promoter Group														
Sr. No.	Category & Name of the Shareholders (I)	Nos. Of shareholders (III)	No. of fully paid up equity shares held (IV)	No. Of Partly paid-up equity shares held (V)	No. Of shares underlying Depository Receipts (VI)	Total nos. shares held (VII) = (IV)+ (V)+ (VI)	Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	Number of Voting Rights held in each class of securities (IX)				No. Of Shares Underlying Outstanding convertible securities (XA)	No. of Shares Underlying Outstanding Warrants (XB)	No. Of Outstand ESOP Granted (XC)
								No of Voting (XIV) Rights			Total as a % of Total Voting rights			
								Class eg: X	Class eg:Y	Total				
A	Table II - Statement showing shareholding pattern of the Promoter and Promoter Group													
(1)	Indian													
(a)	Individuals/Hindu undivided Family	6	11466060			11466060	36.98	11466060		11466060	36.98			
(d)	Any Other (specify)	1	467355			467355	1.51	467355		467355	1.51			
Sub-Total (A)(1)		7	11933415			11933415	38.49	11933415		11933415	38.49			
(2)	Foreign													
Total Shareholding of Promoter and Promoter Group (A)= (A)(1)+(A) (2)		7	11933415			11933415	38.49	11933415		11933415	38.49			
B	Table III - Statement showing shareholding pattern of the Public shareholder													
(1)	Institutions (Domestic)													
(j)	Other Financial Institutions	1	1000			1000	0	1000		1000	0			
Sub-Total (B)(1)		1	1000			1000	0	1000		1000	0			
(2)	Institutions (Foreign)													
(d)	Foreign Portfolio Investors Category I	1	89752			89752	0.29	89752		89752	0.29			
Sub-Total (B)(2)		1	89752			89752	0.29	89752		89752	0.29			
(3)	Central Government / State Government(s)													
(4)	Non-institutions													
(g)	Resident Individuals holding nominal share capital up to Rs. 2 lakhs	20852	6873543			6873543	22.17	6873543		6873543	22.17			
(h)	Resident Individuals holding nominal share capital in excess of Rs. 2 lakhs	66	6272901			6272901	20.23	6272901		6272901	20.23			
(i)	Non Resident Indians (NRIs)	603	542167			542167	1.75	542167		542167	1.75			
(l)	Bodies Corporate	198	2144597			2144597	6.92	2144597		2144597	6.92			
(m)	Any Other (specify)	581	3147481			3147481	10.15	3147481		3147481	10.15			
Sub-Total (B)(4)		22300	18980689			18980689	61.22	18980689		18980689	61.22			
Total Public Shareholding (B)=(B)(1)+ (B)(2)+(B) (3)+(B)(4)		22302	19071441			19071441	61.51	19071441		19071441	61.51			
C	Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholder													

Total (A+B+C2)		22309	31004856			31004856	100	31004856		31004856	100			
Total (A+B+C)		22309	31004856			31004856	100	31004856		31004856	100			

Table II - Statement showing shareholding pattern of the Promoter and Promoter Group															
Sr. No.	Category & Name of the Shareholders (I)	Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XII)= (VII)+(X) As a % of (A+B+C2)	Number of Locked in shares (XIII)		Number of Shares pledged (XIV)		Non-Disposal Undertaking (XV)		Other encumbrances, if any (XVI)		Total Number of Shares encumbered (XVII) = (XIV+XV+XVI)		Number of equity shares held in dematerialized form (XVIII)	Sub-categorization	
			No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)		Sub-category (i)	Sub-category (ii)
A	Table II - Statement showing shareholding pattern of the Promoter and Promoter Group														
(1)	Indian														
(a)	Individuals/Hindu undivided Family	36.98	1300000	11.34	8994000	78.44					8994000	78.44	11466060		
(d)	Any Other (specify)	1.51	0	0	3000	0.64					3000	0.64	467355		
Sub-Total (A)(1)		38.49	1300000	10.89	8997000	75.39					8997000	75.39	11933415		
(2)	Foreign														
Total Shareholding of Promoter and Promoter Group (A)= (A)(1)+(A)(2)		38.49	1300000	10.89	8997000	75.39					8997000	75.39	11933415		
B	Table III - Statement showing shareholding pattern of the Public shareholder														
(1)	Institutions (Domestic)														
(j)	Other Financial Institutions	0											1000	0	0
Sub-Total (B)(1)		0											1000	0	0
(2)	Institutions (Foreign)														
(d)	Foreign Portfolio Investors Category I	0.29											89752	0	0
Sub-Total (B)(2)		0.29											89752	0	0
(3)	Central Government / State Government(s)														
(4)	Non-institutions														
(g)	Resident Individuals holding nominal share capital up to Rs. 2 lakhs	22.17											6867244	0	0
(h)	Resident Individuals holding nominal share capital in excess of Rs. 2 lakhs	20.23											6272901	0	0
(i)	Non Resident Indians (NRIs)	1.75											542167	0	0
(l)	Bodies Corporate	6.92											2144597	0	0
(m)	Any Other (specify)	10.15											3147481	0	0
Sub-Total (B)(4)		61.22											18974390	0	0

Total Public Shareholding (B)=(B)(1)+(B)(2)+(B)(3)+(B)(4)		61.51											19065142	0	0
C	Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholder														
Total (A+B+C2)		100	1300000	4.19									30998557		
Total (A+B+C)		100	1300000	4.19	8997000	29.02					8997000	29.02	30998557		

Individuals/Hindu undivided Family						
Sr. No.	1	2	3	4	5	6
Name of the Shareholders (I)	PRASHANT SUDHAKAR TALWAKAR	ANANT RATNAKAR GAWANDE	GIRISH MADHUKAR TALWALKAR	HARSHA RAMDAS BHATKAI	VINAYAK R GAWANDE	MADHUKAR VISHNU TALWALKAR
PAN (II)	AAAPT3528N	AABPG3008P	AAAPT8175H	AACPB3100C	AABPG4476B	AAAPT8172A
No. of fully paid up equity shares held (IV)	2887780	2465200	2275980	1825200	1491900	520000
Total nos. shares held (VII) = (IV)+ (V)+ (VI)	2887780	2465200	2275980	1825200	1491900	520000
Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	9.31	7.95	7.34	5.89	4.81	1.68
Number of Voting Rights held in each class of securities (IX)						
Class eg:X	2887780	2465200	2275980	1825200	1491900	520000
Total	2887780	2465200	2275980	1825200	1491900	520000
Total as a % of Total Voting rights	9.31	7.95	7.34	5.89	4.81	1.68
Total No. of shares on fully diluted basis (including warrants and Convertible Securities etc.) (XI)=(VII+X)	2887780	2465200	2275980	1825200	1491900	520000
Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XII)= (VII)+(X) As a % of (A+B+C2)	9.31	7.95	7.34	5.89	4.81	1.68
Number of Locked in shares (XIII)						
No. (a)	0	580000	0	300000	0	420000
As a % of total Shares held (b)	0	23.53	0	16.44	0	80.77
Number of Shares pledged (XIV)						
No. (a)	1900000	1770000	2219000	1525000	1480000	100000
As a % of total Shares held (b)	65.79	71.8	97.5	83.55	99.2	19.23
Total Number of Shares encumbered (XVII) = (XIV)+XV+XVI)						
No. (a)	1900000	1770000	2219000	1525000	1480000	100000
As a % of total Shares held (b)	65.79	71.8	97.5	83.55	99.2	19.23
Number of equity shares held in dematerialized form (XVIII)	2887780	2465200	2275980	1825200	1491900	520000
Reason for not providing PAN						
Reason for not providing PAN						
Shareholder type	Promoter	Promoter	Promoter	Promoter	Promoter	Promoter

Individuals/Hindu undivided Family	
Sr. No.	
Name of the Shareholders (I)	Click here to go back
PAN (II)	Total
No. of fully paid up equity shares held (IV)	11466060
Total nos. shares held (VII) = (IV)+ (V)+ (VI)	11466060
Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	36.98
Number of Voting Rights held in each class of securities (IX)	
Class eg:X	11466060
Total	11466060
Total as a % of Total Voting rights	36.98
Total No. of shares on fully diluted basis (including warrants and Convertible Securities etc.) (XI)=(VII)+X	11466060
Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XII)= (VII)+(X) As a % of (A+B+C2)	36.98
Number of Locked in shares (XIII)	
No. (a)	1300000
As a % of total Shares held (b)	11.34
Number of Shares pledged (XIV)	
No. (a)	8994000
As a % of total Shares held (b)	78.44
Total Number of Shares encumbered (XVII) = (XIV)+XV+XVI)	
No. (a)	8994000
As a % of total Shares held (b)	78.44
Number of equity shares held in dematerialized form (XVIII)	11466060
Reason for not providing PAN	
Reason for not providing PAN	
Shareholder type	

Any Other (specify)		
Sr. No.	1	
Category	Bodies Corporate	Click here to go back
Name of the Shareholders (I)	BETTER VALUE LEASING AND FINANCE LIMITED	
PAN (II)	AAACB4410A	Total
No. of the Shareholders (I)	1	1
No. of fully paid up equity shares held (IV)	467355	467355
Total nos. shares held (VII) = (IV)+ (V)+ (VI)	467355	467355
Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	1.51	1.51
Number of Voting Rights held in each class of securities (IX)		
Class eg: X	467355	467355
Total	467355	467355
Total as a % of Total Voting rights	1.51	1.51
Total No. of shares on fully diluted basis (including warrants and Convertible Securities etc.) (XI)=(VII+X)	467355	467355
Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XII)= (VII)+(X) As a % of (A+B+C2)	1.51	1.51
Number of Locked in shares (XIII)		
No. (a)	0	0
As a % of total Shares held (b)	0	0
Number of Shares pledged (XIV)		
No. (a)	3000	3000
As a % of total Shares held (b)	0.64	0.64
Total Number of Shares encumbered (XVII) = (XIV+XV+XVI)		
No. (a)	3000	3000
As a % of total Shares held (b)	0.64	0.64
Number of equity shares held in dematerialized form (XVIII)	467355	467355
Reason for not providing PAN		
Reason for not providing PAN		
Shareholder type	Promoter Group	

Individuals - ii. Individual shareholders holding nominal share capital in excess of Rs. 2 lakhs.					
Sr. No.	1	2	3	4	
Name of the Shareholders (I)	Yasmin Mirza	Shivanand Shankar Manekekar	Prasad Desai	Laxmi Shivanand Mankekar	Click here to go back
PAN (II)					Total
No. of fully paid up equity shares held (IV)	400000	694720	333376	1258800	2686896
Total nos. shares held (VII) = (IV)+ (V)+ (VI)	400000	694720	333376	1258800	2686896
Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	1.29	2.24	1.08	4.06	8.67
Number of Voting Rights held in each class of securities (IX)					
Class eg: X	400000	694720	333376	1258800	2686896
Total	400000	694720	333376	1258800	2686896
Total as a % of Total Voting rights	1.29	2.24	1.08	4.06	8.67
Total No. of shares on fully diluted basis (including warrants, ESOP, Convertible Securities etc.) (XI)=(VII+X)	400000	694720	333376	1258800	2686896
Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XII)= (VII)+(X) As a % of (A+B+C2)	1.29	2.24	1.08	4.06	8.67
Number of equity shares held in dematerialized form (XIV)	400000	694720	333376	1258800	2686896
Reason for not providing PAN					
Reason for not providing PAN	Textual Information(1)	Textual Information(2)	Textual Information(3)	Textual Information(4)	
Sub-categorization of shares					
Shareholding (No. of shares) under					
Sub-category (i)	0	0	0	0	0
Sub-category (ii)	0	0	0	0	0
Sub-category (iii)	0	0	0	0	0

Text Block	
Textual Information(1)	PAN NOT AVAILABLE
Textual Information(2)	PAN NOT AVAILABLE
Textual Information(3)	PAN NOT AVAILABLE
Textual Information(4)	PAN NOT AVAILABLE

Any Other (specify)						
Sr. No.	1	2	3	4	5	
Category	Clearing Members	Clearing Members	Clearing Members	HUF	Trusts	
Category / More than 1 percentage	More than 1 percentage of shareholding	More than 1 percentage of shareholding	Category	Category	Category	
Name of the Shareholders (I)	Aequitas Investment Consultancy Private Limited	Edelweiss Custodial Services Limited				Click here to go back
PAN (II)						Total
No. of the Shareholders (I)	1	1	54	525	2	581
No. of fully paid up equity shares held (IV)	521644	1718937	2511536	631945	4000	3147481
Total nos. shares held (VII) = (IV)+ (V)+ (VI)	521644	1718937	2511536	631945	4000	3147481
Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	1.68	5.54	8.1	2.04	0.01	10.15
Number of Voting Rights held in each class of securities (IX)						
Class eg: X	521644	1718937	2511536	631945	4000	3147481
Total	521644	1718937	2511536	631945	4000	3147481
Total as a % of Total Voting rights	1.68	5.54	8.1	2.04	0.01	10.15
Total No. of shares on fully diluted basis (including warrants, ESOP, Convertible Securities etc.) (XI)=(VII+X)	521644	1718937	2511536	631945	4000	3147481
Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XII)= (VII)+(X) As a % of (A+B+C2)	1.68	5.54	8.1	2.04	0.01	10.15
Number of equity shares held in dematerialized form (XIV)	521644	1718937	2511536	631945	4000	3147481
Reason for not providing PAN						
Reason for not providing PAN	Textual Information(1)	Textual Information(2)				
Sub-categorization of shares						
Shareholding (No. of shares) under						
Sub-category (i)	0	0	0	0	0	0
Sub-category (ii)	0	0	0	0	0	0
Sub-category (iii)	0	0	0	0	0	0

Text Block	
Textual Information(1)	PAN NOT AVAILABLE
Textual Information(2)	PAN NOT AVAILABLE

